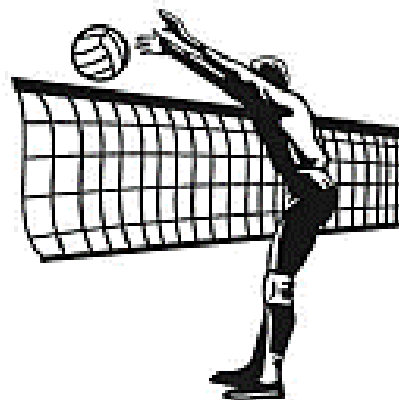


Southeastern Regional Youth For Christ Conference

Athletics



John W. Iverson, Sr.
Director

Southeastern Regional
Youth for Christ Conference

Athletic Registration Information

1. All congregations must register for athletic activities during conference registration on Monday.
2. All athletic participants:
 - Must be registered with the Southeastern Youth Conference.
 - Must be faithful Christians.
 - Must be subject to their chaperones.
3. Basketball and volleyball teams must wear the same uniforms. They can be t-shirts or jerseys, but must be the same color.
4. If your team brings practice balls, please be sure they are appropriately marked and kept by a member of your congregation. The Conference will not be responsible for lost or stolen athletic items.
5. Only spiked track shoes and tennis shoes will be allowed on the track. All basketball and volleyball participants must wear tennis shoes.
6. If a congregation does not have enough players to make a complete basketball or volleyball team, they may combine with another congregation, but there **must** be at least three players from **the** same congregation on the team. The team must still **be** under the leadership of one of the congregations. If the team receives a trophy, the trophy will be awarded to the congregation with the most players and special recognition certificates will **be** given to team members from other congregations.
7. A person can only represent one congregation or team in each division. A younger player can play in an older division.
8. All teams need to make every effort to arrive to athletic activities on time.
9. Trophies will be awarded to the 1st, 2nd place and 3rd teams in all basketball and volleyball divisions. First, second, and third place winners in track will receive medals.
10. There should only be one coach who serves as the spokesperson for a team.
11. The ruling of an official is final. Arguing with an official may result in the expulsion from a game or forfeiting of a game and may occur without an issued warning.
12. All athletic participants must attend Bible classes and general assemblies unless they have been officially excused by conference leadership.

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13. Congregations are entrusted to use participants of the required age groups only. If there are any discrepancies, **the** age of participants, which will be verified through registration forms. If there is a discrepancy, the congregation may be eliminated from competing in any of the Youth Conference's competition.

14. The attitude, conduct, and sportsmanship of all athletic participants should be representative of a Christian spirit. Anyone whose behavior is unbecoming for a Christian may cause his or her entire team to be eliminated from that particular sporting event. If a player is ejected, he or she cannot participate in any other athletic activity. Unbecoming behavior includes, but is not limited to: fighting, cursing, unsportsmanlike conduct, and arguing with officials. A **player** mayor may not receive a warning for such behavior.

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Track

1. The track competition will take place at 6:00 a.m. at the track on Thursday morning.
2. Competition will be divided into the following categories:

6-8 years Old

60 Meters

100 Meters

200 Meters

9-21 years Old

60 and 100 Meters

400-800 Meters

1600 Meters

6-8

9-10

11-12

13-14

15-21

*All age groups will participate in a softball
toss.*

3. For health and safety of all track participants, runners are reminded to stretch out, warm-up, eat breakfast, and drink LOTS of fluids (*preferably water*) before competing.

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Volleyball

1. Volleyball teams must consist of **at least 6 players**. There must **be exactly 6 players for each team on the court during regulation play**.
2. Competition will **be divided into the following age groups**:
 - Males Juniors 9-14 Seniors 15-21
 - Females Juniors 9-14 Seniors 15-21
 - Men: 15-19
 - Women
 - Co-Educational
3. The men and women divisions must have at least three men or women **OVER** the 18 playing on the court at all times.
4. All Co-Educational members must be over the age of 18 and there must be three males and three females on the court during regulation play.
5. A point will be scored after every serve. The first team to reach 15 points and wins by two points is the victor.
6. All games are single elimination.
7. The ball cannot be hit more than three times before crossing the net. No player can hit the ball two consecutive times with any part of the body.
8. The ceiling, lights, poles, or any other object is considered out of bounds and a point will be awarded to the opposing team who had it last.
9. Substitutions can be made during any side out. A player cannot have a turn to serve more than once before the five other players on their team has served (i.e., illegal substituting).
10. Each team is awarded one 2-minute timeout per game.
11. If the server crosses the back line, it is considered a side out and the opposing team receives a point.
12. The opposing team will be awarded a point if a player is guilty of palming, lifting, carrying, or throwing the ball or touching the net at any time..

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Basketball

1. Basketball team must consist of at least five (5) players.
2. Competition will be divided into the following age groups:

Male

Youth 6-12

Junior 13-16

Senior 17-21

Female

Youth 6-12

Junior 13-16

Senior 17-21

3. Each game will have two referees.
4. Scoring will include three-point shots.
5. Each team will receive one 2-minute time out per **half**.
6. Youth and Junior division will play two 10-minute halves. Senior division will play two 15-minute halves. In case of a tie, there will be a 5-minute overtime. Each team will receive one 2-minute time out in overtime play. **The** clock will only stop for timeouts, foul shooting, and during the last two minutes of a period.
7. All regulation basketball violations will be called. Free throws will only be shot after **the** eighth foul has been called **in** the half. The ball will be taken out-of-bounds after every **called** foul.
8. Substitutions can be made during any stop in play as long as an official initiates it.
9. A coin will be tossed by an official to determine which team will take the ball out-of-bounds to start the game and also in the case of overtime.
10. There will be one exception to the rule for the Junior Girls division. It will be a violation for an opposing team to disrupt the controlled dribble of a player. Coaches are asked to emphasize this rule in order to maintain a fair and more exciting game.
11. All games are single elimination.

For questions, please contact:

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